



***"Blue Peter"***  
**The Sea School**



[www.bluepeteraustralia.com](http://www.bluepeteraustralia.com)

## What to bring to your multi day expedition

Please keep all items to a minimum, and contact us for any questions.

There will be time to get changed before we depart, please arrive with:

### **A small back pack/bag (or worn on your body):**

- Swim clothing – with sleeves – one wet set
- Broad brimmed hat with chin strap or attachment
- Sunscreen and sunglasses with attachment
- Closed in reef shoes or old shoes, able to get wet
- Rain jacket
- Snacks and fruit
- Medication (if required – please list on medical form)
- Water bottle and/or bladder (at least 2 litres capacity)

### **A larger backpack or soft bag (will be stowed during passages):**

- Tent and groundsheet, sleeping mat
- Sleeping bag and inner sheet (packed and lined with a garbage bag)
- Woolen or fleece jumper
- Long pants and long-sleeved shirt to wear at night (bug protection!)
- One spare set of sun protective clothing and a hat to sail in
- Lightweight dry shoes for around camp and for bush walks
- Small towel and possibly a change of underwear for each day
- Torch – head torches are best
- Minimal toiletries
- 6 Garbage bags for waterproofing and 2 small bags for rubbish
- Spoon, cup and a bowl with a lid

### **Rations**

- Refer to the food plan for the trip
- Esky space will be available

### **We will provide:**

- Personal and group safety equipment including life jackets
- Cooking equipment, gas stove, chopping boards, knives etc

### **We can bring the following gear for you if requested:**

- Tent (may be shared with other students)
- Sleeping mat and sleeping bags
- Any other camping needs – just ask!

### **Leave these behind, you can thrive without them!**

- Personal mobile phones and ipods etc
- Alcohol and non-prescribed drugs
- Knives or other weapons